



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



Revs. Mark & Karen

Ministers' Message

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Special points of interest:

- **Creative Insight Circle**
- **Frontiers of Consciousness**
- **Unity Bingo**
- **Daylight Savings Time**
- **Zephyr Point Retreat**

On the way to Auburn this morning I noticed a pattern in the music I was listening to, a distinct New Orleans groove which reminded me that it was Mardi Gras, Fat Tuesday, the day before Ash Wednesday marking the first day of lent leading up to Easter Sunday on April 12. In traditional Christianity, Lent is a somber season of fasting and abstinence so Mardi Gras is one last hurrah, a chance to get wild and crazy before austerity sets in.

Lent has started, 40 days of repentance and then we get saved, or at least that's the story. The stuff we really need to be saved from are the things that we're doing to ourselves so why do people insist on looking outside themselves for a solution? I was driving behind a car once and I noticed a sticker on the back window that said; "In case of rapture, this car will be unmanned."

If you're not familiar with what the rapture is, it's an event where all true Christian believers are transported bodily, lifted up into the sky and off to heaven to be with Jesus. Better hope it's not the people who are piloting the plane you're on or running our nuclear power plants.

The problem with that kind of theology is that nobody is taking responsibility for what is happening on the planet right now. Everything is focused on some event that is going to happen at some undetermined future date and all we have to do is believe that it's going to happen. And in the meantime we sleep walk through life.

If Lent is going to mean anything going forward, it has to be a call to action and a

time of awakening and one of the things we have to wake up to is the fact that we have the power within us to turn things around.

The late great Eric Butterworth wrote a bestselling book called discover the power within you where he really drives home the point:

"Civilizations have never been destroyed by outer conquest or Divine fiat. Civilizations have risen and fallen by the rise and fall of human consciousness. The fall of Rome, for instance, was an inside job. If mankind is in trouble today, it is not because of the wrath of God, but because of the darkness in the minds of men... The Kingdom of Heaven is still within man, and "the mind that was in Christ Jesus" is in every one of us."

We create our own heaven and hell right here by the things we think and do and nobody is going to undo it for us. The second coming isn't something that's going to come from out there. In Unity the second coming is what happens when we finally get it, when we wake up and show up in the world as a force for greater good. Most people have the capacity to do that but not everyone recognizes it.

Instead of abstinence during Lent, perhaps we might consider a form of indulgence by placing greater emphasis on developing a philosophy of life that can promote global human flourishing. It starts with a positive vision of our place in the universe and then continues beyond Lent and Easter. We offer the tools and ideas that can help make that happen.

Chaplain's Corner



The Luck of the Irish

We celebrate St. Patrick's Day in March for lots of reasons. While many of us use the day as an excuse to sample a green beer or two, we also celebrate our unity when we all proclaim to be "Irish" for the day. The familiar phrase "Luck of the Irish" may have its origins in the notion that the Irish are inherently lucky and seem to be able to land on their feet when bad circumstances occur. Certainly, Irish history attests to plenty of times of ill fortune. They've survived famines, war, starvation, and prejudice, yet seem to remain and happy and spiritually secure people. This made me ask myself how do they do it? Are they really just that lucky? And is there a way of persuading the universe to favor all of us with the same opportunities?

In an article in Entrepreneur magazine, Deep Patel describes 10 ways to harness fate and create your own luck. As I read his article, I was struck by how much his suggestions follow unity teachings, especially by employing our 12 (or so) Powers. Here are a few of the Patel's suggestions along with my take on the Unity principles they represent.

Imagine the stepping stones to success. Using your power of imagination, visualize good fortune. Take this visualizing into your affirmative prayer process. See good, expect good and receive good. Help others and find out how lucky you are. Lucky people don't hog their prosperity, but give freely of their time and resources. They help others because it's the right thing to do. This is the Law of Attraction at work in its highest form. What you give away, you receive. Leave room for randomness. Don't let yourself get stuck in a rut. If you shy away from experiencing new things, you are bound to feel bored and stifled. Be open to new things. Be curious about the world around you. Your powers of zeal and life can be of assistance here. Take a chance. If you don't push yourself out of your comfort zone, you'll never know the true extent of your abilities. Take advantage of favorable circumstances and see where they take you. Allow yourself to be versatile and wear different hats. Here faith and wisdom can help you along the way. Create your own luck through hard work. Psychologist Richard Wiseman has studied luck and its presence in people's lives. He found that if you think you'll be lucky, chances are you'll experience more good fortune than someone who thinks they are unlucky. Unlucky people tend to be fatalistic and believe that no matter how hard they work, they will be unlucky. As Wiseman notes, it becomes a self-fulfilling prophecy. Your power of Order – seeing the unifying, organizing principles inherent in all life and in every circumstance can help you to expect and allow for the highest and best. See the positive side. Instead of seeing the grass as being greener on the other side, take a closer look at all the positive things happening on your side of the fence. After all, if you only see downers in your life, then you will exude only negative energy. An attitude of gratitude can go a long way here. Accept that setbacks happen. No one is lucky all of the time. Failure happens. It's part of life. Accept that there will be moments when you'll feel down in the dumps. Realize that there will be times when you'll want to throw in the towel. Don't let negativity set in, and don't give up. Rely on your power of strength (perseverance) in the tough times. Stay in the present. Staying in the present allows you to see all the little things that you have become oblivious to. And when it truly comes down to it, luck happens in the moment. If you are too focused on the past or the future, you will never see the opportunities right in front of you.

It's such a blessing when we can see Unity principles at work in everyday life. It truly reinforces our notion that Christianity can be practical and that we CAN thrive in a changing world. Let me close with a traditional Irish Blessing:

*May the road rise to meet you
May the wind always be at your back
May the sun shine warm upon your face
And rain fall soft upon your fields
And until we meet again
May God hold you in the palm of His hand*



Social Action

The Spiritual Social Action Team at Unity of Auburn is an umbrella organization encompassing all of our outreach events and activities that work together to make a positive difference in the world and support our vision which is to co-create a world that works for all. We ask members to support the Interfaith Food Closet. They will take extras from your garden. Drop them off at 12972 Earhart Avenue, Suite 301 (behind Pacific Power) Auburn, CA 95602

Ongoing Classes and Study Groups

Noon Prayer

(Offered on an “as needed” basis)
Location: Upstairs in Church Office

During Noon prayer we experience various types of meditation: guided, mindful, or in the silence. We also hold the high watch for those who have placed their names and needs in our prayer chest and anyone you may be praying with. If you can't attend, pray with us wherever you are!

Gentle Yoga is BACK!

Mondays, 4:00 p.m.
Location: Manning Hall

“Yoga is good for everything!” Join us with your sticky mat or, if you don't have one, we have a couple of extras.



*I am abundantly blessed
in all areas of my life.*

12 Step Meetings at Unity of Auburn

Gold Rush Al-Anon Family Group

Mondays, 7:30 p.m.
Location: Manning Hall
Al-Ateen same time and place.

Women's Courage to Change Al-Anon Family Group

(Women only)
Tuesdays, 7:00 p.m.
Location: Manning Hall

Primary Purpose Narcotics Anonymous

Wednesday, 7:30 p.m.
Location: Manning Hall

Chaplain Prayer Circle

Sunday, March 15th, 11:30 a.m.

Our prayer circle is the third Sunday of the month. The chaplains will guide us in a 5-10 minute prayer practice focusing on using our Divine strengths to transform our desires and intentions into physical manifestation. We will stand witness for one another as we commit to take positive action.



Adult Education



Rev. Rick Reich



“Spiritwind” is a study group for Spiritual Adventurers. The March topic, Walter Kaufmann, *Religion in Four Dimensions: Existential and Aesthetic, Historical and Comparative. Existentialism* with a focus on Nietzsche, *The Faith of a Heretic*. Spiritwind meets every Thursday at 6:00 p.m. at

Women’s “Creative Insight” Circle March 21st, 9:00 a.m. - 4:00 p.m.

Connect with other women for a day of sharing. Take some time for yourself to creatively play and explore in a safe, loving, fun and reflective environment. Let the creative woman who lives inside bring you insight and greater inner-awareness.

March Theme:
My World as a Stage
What Part Do I Play?



Eat lunch at a local eatery, bring an addition to our community salad, or bring your lunch.
RSVP to: Deborah at 916-652-7709.

Location: image Pathways Gathering Place
461 Main Street, Newcastle, CA 95658

FRONTIERS OF CONSCIOUSNESS Monday, March 23rd, 6:00 p.m. Facilitator: Rev. Mark



The Big History Project examines our past, explains our present, and imagines our future. It's a story about us. An idea that arose from a desire to go beyond specialized and self-contained fields of study to grasp history as a whole. The course is designed for anyone seeking answers to the big questions about the history of our Universe. The course was created by historian David Christian PhD and funded by Bill Gates who calls it "his favorite online course." Join us as we discover our place in the cosmos and the many billions of years it took for human consciousness to arise.

Special Events



**Daylight Saving Time Begins
Sunday, March 8th!**



**Unity Bingo
Fun Fundraiser**
Friday, March 13, 2020

Doors open at 5PM * Games start at 6pm
1212 High Street, Auburn CA
\$25 pre-sale/\$30 at the door
Includes 10 Bingo Cards
One Free Door Prize Ticket! Event Prizes!
Tea and Coffee Included
Irish Stew (regular and vegan) & Soda Bread
Beer, Wine & Water
(Sold Separately)
Get your tickets at 1212 High Street
Thrift and Gift Shop
Monday-Friday
10:00 am-4:00 pm or call
530-888-6489
A percentage of the proceeds goes to the Gathering Inn



**Bingo Donations
Desperately Needed**

The Bingo Committee is in desperate need of Gift Cards/Raffle Prizes for our March 13th Bingo Event!

Game Prizes: We are collecting gift cards; restaurant, movie theatre, etc...(\$10-\$20 range) to award game winners.

Raffle Baskets: Theme baskets are great! Suggestions include— Games/Game Night, Spa/Self Care, Wine/Chocolate Lovers, Spring/Gardening.

Register Now!

Unity of Auburn 2020 Retreat
ZEPHYR POINT, Lake Tahoe
SAVE THESE DATES:
June 12th-14th, 2020

Get your registration form from Sharon Hardie in the Manning Hall



Let's join together as a community to explore all the activities at Zephyr Point or take time for yourself in silence and meditation. This is an opportunity to bond with our spiritual brothers and sisters. The retreat planners and facilitators look forward to serving you!

Message from our Board of Directors



Rev. Karen

We had our Annual Meeting at the end of February. At the meeting we voted to elect Pat Lord to a three-year board position and Patty Davis to fill a partial board term that will be completed in 2021. Congratulations to Pat and Patty!

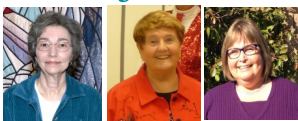
Bill Mahl and Edna Sparkes have stepped down from the board. We thank them for their service. We will miss them and wish them well.

There are still three open board positions. Serving on the board is a way to make a commitment to Unity of Auburn. The board takes care of the finances and our beautiful building and works closely with the ministers.

If you feel a calling to serve on the board, please talk to Revs. Karen or Mark or any of the current board members.



Board of Directors



Board of Trustees

- Pat Lord.....President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Dave Langley.....Member
- Patty Davis.....Member

Unity of Auburn Staff

- Karen and Mark Schindler.....Co-Ministers
- Carrie Deterding.....Administrative Assistant
- Mary Lou Banahan.....Youth and Family Leader
- Ken Kligerman, AFM.....Keyboard/Piano

Staff

Unity of Auburn March 2020

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	10:00 am Celebration Service 10:00 am Youth and Family Ministry	2 Noon Prayer 4:00pm Yoga	3 Noon Prayer	4 Noon Prayer 4:00 pm Sisters of Good	5 Noon Prayer 6:00 pm Spiritwind	6 Office Closed	7
8	10:00 am Celebration Service 10:00 am Youth and Family Ministry	9 Noon Prayer 4:00pm Yoga	10 Noon Prayer	11 Noon Prayer 4:00 pm Sisters of Good	12 Noon Prayer 6:00 pm Spiritwind	13 Office Closed 5:00 Unity Bingo	14
15	10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Prayer Circle	16 Noon Prayer 4:00pm Yoga	17 Noon Prayer	18 Noon Prayer 4:00 pm Sisters of Good	19 Noon Prayer 6:00 pm Spiritwind	20 Office Closed	21 10:00 am Women's Creative Insight Circle
22	10:00 am Celebration Service 10:00 am Youth and Family Ministry	23 Noon Prayer 4:00pm Yoga 6:00 pm Frontiers of Consciousness	24 Noon Prayer	25 Noon Prayer 4:00 pm Sisters of Good	26 Noon Prayer 6:00 pm Spiritwind	27 Office Closed	28
29	10:00 am Celebration Service 10:00 am Youth and Family Ministry	30 Noon Prayer 4:00pm Yoga	31 Noon Prayer				

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

March 2020 Talk Titles

March 1, 2020

Lesson: Does The Universe Have a Purpose?

Soloist: Dennis Cain

March 8, 2020

Lesson: Genesis Revisited

Soloist: Brenda Boston

March 15, 2020

Lesson: Grandeur, Awe and Humility

Soloist: Jon Dufour

March 22, 2020

Lesson: Our Secular Saints

Soloist: Diana Blais

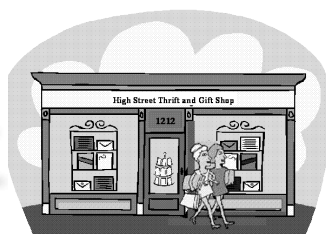
March 29, 2020

Lesson: Infinite Diversity, Infinite Combination

Soloist: TBD

Spring adds new life and new beauty to all that is.....

Jessicea Harrelsan



Unity of Auburn
1212 High Street
Thrift & Gift Shop

Hours Open:

Monday-Thursday 10:00am-4:00pm

Open Friday 10:00 am-2:00 pm

No Longer Open on Saturday

Sometimes Open Sunday

(if we have volunteers)

We are in need of volunteers and donations!

Sign up at Unity Central

To donate: Bring good quality clean items when the shop is open.

Reduce ... Recycle ... Reuse

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift