

*A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.*

## Ministers' Message

Each week we begin our Sunday gathering by affirming our vision statement; "Centered In God We Co-create a World That Works For All." To be effective, vision and mission statements must be short enough to be easily remembered and yet offer ideas of substance rather than mere platitudes. Ours succeeds on both counts and leads to an important question: What does it mean to be centered in God?

Many people come to Unity with a theistic understanding of God as a being or entity standing outside of creation but who occasionally interacts and intervenes in the natural world in supernatural ways. They eventually learn that our earliest writings in Unity, such as *Lessons In Truth* by Emilie Cady, speak of a distinctly non-theistic God: "God is the name we give to that unchangeable, inexorable principle at the source of all existence..." *Lessons In Truth* pg. 22

God is but a name. All existence is based in principle. Some find this definition liberating and for others it is a deal killer. All are welcome in Unity but not all will be comfortable with what they find. So be it. Reality does not change to conform to our beliefs and preferences and my favorite definition of reality comes from author Phillip K. Dick who said: "Reality is that which, when you stop believing in it, doesn't go away."

All existence is another way of saying reality and if principle is the source of all existence, then the best way to encounter and experience principle is to live and learn in harmony with reality. In doing so we are in good company as this was the



Revs. Mark & Karen Schindler  
Co-Ministers

approach of Albert Einstein who said: "We followers of Spinoza seek out God in the wonderful order and lawfulness of all that exists and in its soul as it reveals itself in man and animal."

He was referring to the great enlightenment philosopher Baruch Spinoza. Not surprisingly, Unity co-founder Charles Fillmore approvingly referred to Spinoza in his writings and the philosopher is likely the source for Unity's concept of "substance." For Spinoza, to "love God" is to seek out knowledge and understanding of all that exists—of reality.

Therefore, god is not a being or entity to be worshipped from afar; god is a multifaceted reality to be experienced. This is why it is no small thing to be born human with a self-reflective form of consciousness that allows us to be immersed in reality at both a subjective, intuitive level and an objective, rational level.

We are privileged to explore both the tangible and intangible aspects of reality in order to live in right relationship with reality. To be "centered in God" is to live in right relationship with reality where we learn that liberation from suffering is better accomplished via cooperation and compassion as opposed to competition and indifference. But don't take my word for it, seek to understand and experience it for yourself. Your Unity Community is here to support you on this path.

Phone: 530-888-6489

Website: [www.unityofauburn.com](http://www.unityofauburn.com)

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### Special points of interest:

- **Variety Show**
- **Father's Day**
- **Zephyr Point**

## Chaplain's Corner

### The Amazing Power of Divine Release

My beloved mother made her transition on December 22, 2018. My sister and I were with her the last four days of her life. It took two of us to care for her as she was extremely weak from severe chronic obstructive pulmonary disease and needed assistance for all of her needs. She was almost completely blind from macular degeneration. My mother knew that she was rapidly approaching the end of her life and wanted to be free of her body. She had always told us that she did not want to outlive her eyes, which inevitably did happen.

My mother was fiercely independent and did not like having to depend on others to help her with her daily living activities. She did not always treat others with kindness and could become extremely impatient and agitated when my sister and I shopped with her or helped her with household chores. We chalked it up to our mother's frustration in being blind and having to fight to breathe. I tried not to take her impatience personally, but that was hard.

During the last year of my mom's life, I was juggling my job, my work as a chaplain, and helping to care for her. I knew that I was fighting back feelings of resentment.

During those last four days, and as my mother was slowly being released from her body, the impatience was gone and she allowed us to care for her without any resistance. She was

quietly letting go. On the last evening of her life, my mother told my sister and I that she was not afraid to die. She also stated that there were no words she could think of that would adequately express how grateful she was to us for taking care of her and tending to her needs. She told us that she never felt so loved. The following morning, my mother died in her sleep.

I learned through this experience that when my mother made the decision to allow us to help her with her release and let her herself be carried into death, the transition opened the doorway fully to her heart. She became the Divine Power of Love as she expressed her gratitude and love for us. It was also the Divine Power of Release that enabled my sister and I to let her go when she was ready.



Patty Davis



## Youth and Family Ministry

### Unitots

Sundays, 10:00 a.m.

### UniKids and UniTeens

Sundays, 10:00 a.m.

Location: Youth and Family Ministry Wing



*There are two things we give our children. One is roots, the other is wings."*

- Jonah Salk



## Social Action

The Spiritual Social Action Team at Unity of Auburn is an umbrella organization encompassing all of our outreach events and activities that work together to make a positive difference in the world and support our vision which is to co-create a world that works for all. We ask members to support the Interfaith Food Closet. They will take extras from your garden. Drop them off at 12972 Earhart Avenue, Suite 301 (behind Pacific Power) Auburn, CA 95602 or call 530-885-1921.

## Ongoing Classes and Study Groups

### Noon Prayer

Monday through Thursdays, 12:00 Noon—12:30 p.m.

Location: Upstairs in Church Office

During Noon prayer we experience various types of meditation: guided, mindful, or in the silence. We also hold the high watch for those who have placed their names and needs in our prayer chest and anyone you may be praying with. If you can't attend, pray with us wherever you are!

### Gentle Yoga

Mondays, 4:00 p.m.

Location: Manning Hall

“Yoga is good for everything!” Join us with your sticky mat or, if you don't have one, we have a couple of extras.

### A Course in Miracles

Wednesdays, 6:30 p.m.

Location: Youth and Family Ministry room

The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite.

Open to all. A love offering will be accepted. Facilitated by Ruth Ackerman.

### 12 Step Meetings at Unity of Auburn

#### Gold Rush Al-Anon Family Group

Mondays, 7:30 p.m.

Location: Manning Hall

Al-Ateen same time and place.

#### Women's Courage to Change Al-Anon Family Group

(Women only)

Tuesdays, 7:00 p.m.

Location: Manning Hall

#### Re-parenting, Recovery & Resilience—Adult Children of Alcoholics & Dysfunctional Families (ACA)

Tuesdays, 6:30 p.m.

Location: Youth Room

#### Primary Purpose Narcotics Anonymous

Wednesday, 7:30 p.m.

Location: Manning Hall

#### Chaplain Prayer Circle

Sunday, June 16th, 11:30 a.m.



Our prayer circle is the third Sunday of the month. The chaplains will guide us in a 5-10 minute prayer practice focusing on using our Divine strengths to transform our desires and intentions into physical manifestation. We will stand witness for one another as we commit to take positive action.

# Adult Education



Rev. Rick Reich

“Spiritwind” is a study group for Spiritual Adventurers.

For the month of June at Spiritwind we will be involved in "Deconstructing Christian Dogma."

Spiritwind meets every Thursday at 6:00 p.m. at Unity of Auburn on 1212 High Street. *Love offering accepted.*

**Sign Up at  
Unity Central**



**That's Just  
SILLY!  
VARIETY SHOW**

**You are the STAR in  
Unity of Auburn's  
That's Just Silly Variety Show!**

**Sing a silly song . Tell a silly story  
Do a silly sketch . It's all up to you!**

**Friday, May 31st, 7 PM / Sunday, June 2nd, 1 PM**

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**Unity of Auburn . 1212 High Street  
Love Offerings Gratefully Accepted.**

## Zephyr Point, Lake Tahoe

**June 14th—16th, 2019**

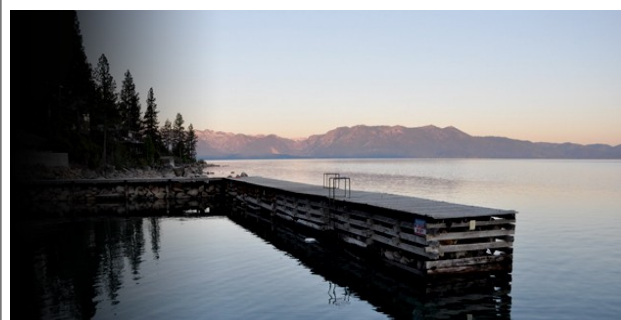
There is one room available and one shared women's room!

Please call the office at 530-888-6489 or talk to Sharon Hardie if you'd like to go.

Weekend Single Occupancy Rate: \$312 per person

Weekend Double Occupancy Rate: \$210 per person

Day passes are available.



### EMAIL PRAYERS FOR YOU ...

If you would like an email prayer from one of our Chaplains, please send your prayer request to:



**auburnchaplains@gmail.com**

Our Chaplains are available to join you in prayer if you are having a challenge or in gratitude and joy!

## Special Events

# HAPPY FATHER'S DAY!



### Women's "Creative Insight" Circle

June 15th, 9:00 a.m. - 4:00 p.m.

Cost: \$25.00

Connect with other women for a day of sharing. Take some time for yourself to creatively play and explore in a safe, loving, fun and reflective environment. Let the creative woman who lives inside bring you insight and greater inner-awareness.

### Wandering Pathways ...

#### *Following the Twists and Turns of Life*



Eat lunch at a local eatery, bring an addition to our community salad, or bring your lunch.

RSVP to: Deborah at 916-652-7709.

Location: imagePathways Gathering Place  
461 Main Street, Newcastle, CA 95658

### FRONTIERS OF CONSCIOUSNESS

Monday, June 24th, 6:00 p.m.

*The Brain (PBS Series)*

Facilitator: Rev. Mark



The field of consciousness studies has expanded rapidly in the last 20 years; however, we seem to be no closer to finding an answer to the question of exactly what consciousness is and how it came to exist. In this class we will study the ideas and theories of leading experts in this fascinating field by watching video presentations followed by discussion.

We will continue to meet every fourth Monday until we have solved the "hard problem of consciousness." Actually, we will probably run out of material to discuss before that happens but who knows where this might lead?

This month we will continue with the PBS series *The Brain* with Dr. David Eagleman. **Episode two**, 'What Makes Me?', explores the question of how the brain gives rise to our thoughts, emotions, our memories and personality.

# Message from our Board of Directors

## THE SACRED HUMAN



Unity teaches that we each have a “spark” of The Divine. While honoring our divinity, it’s also important to honor our humanity. In Truth, we know there is no place where Source (God, Universal Truth) is not. There is no place where The Divine leaves off and the human begins because we live, move and have our being in the Unified Field that God Is.

As humans we come in all different shapes, colors, and sizes. We have different beliefs. We have different talents and abilities. And we all have human challenges. How we choose to deal those challenges goes a long way toward determining our human experience.

One of the teachings that runs through all the world’s religion is compassion—to care about one another with love and understanding. In his book *Beyond Religion*, the Dalai Lama elaborates and deepens his vision for the nonreligious way—a path that leads to an ethical, happy, and spiritual life. Transcending religion, he outlines a system of ethics fueled by compassion and acceptance of our shared world, making a stirring appeal for a deep appreciation of our common humanity.

Embracing the Sacred Human means accepting ourselves and others right where we are, just as we are, and knowing that it’s okay. Today, I invite you to be good to yourself and others by making a conscious effort to be compassionate and accepting. Respect the divinity that is your true nature and honor the sacred human that allows you to experience life on this amazing planet.

Natalie Kimball

## Board of Directors



### Board of Trustees

- Pat Lord.....President
- Justene Da Costa.....Vice President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Bill Mahl.....Member
- Dave Langley.....Member
- Edna Sparkes.....Member

### Unity of Auburn Staff

- Karen and Mark Schindler.....Co-Ministers
- Marra P. Swan.....Licensed Unity Teacher
- Mary Lou Banahan.....Youth and Family Leader
- Ken Kligerman, AFM.....Keyboard/Piano

## Staff

# Unity of Auburn

## June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:00 am Celebration Service 10:00 am Youth and Family Ministry <b>VARIETY SHOW!!</b>	3 Noon Prayer 4:00 pm Yoga	4 Noon Prayer	5 Noon Prayer	6 Noon Prayer 6:00 pm Spiritwind	7 Office Closed	8
9 10:00 am Celebration Service 10:00 am Youth and Family Ministry	10 Noon Prayer 4:00 pm Yoga	11 Noon Prayer	12 Noon Prayer	13 Noon Prayer 6:00 pm Spiritwind	14 Office Closed	15 9:00 am Women's Creative Insight Circle
16 10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Prayer Circle <b>FATHER'S DAY</b>	17 Noon Prayer 4:00 pm Yoga	18 Noon Prayer	19 Noon Prayer	20 Noon Prayer 6:00 pm Spiritwind	21 Office Closed	22
23 10:00 am Celebration Service 10:00 am Youth and Family Ministry	24 Noon Prayer 4:00 pm Yoga 6:00 pm Frontiers of Consciousness	25 Noon Prayer	26 Noon Prayer	27 Noon Prayer 6:00 pm Spiritwind	28 Office Closed 7:00 pm	29
30						

## Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street  
Auburn, CA 95603

Phone: 530-888-6489

Email: [admin@unityofauburn.com](mailto:admin@unityofauburn.com)

Pray with Silent Unity: 800-669-7729

### Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

## Lessons and Soloists

June 2, 2019

Lesson: Goodness and Human Nature

Soloist: Paula Dula

June 9, 2019

Lesson: The Evolution of Prayer

Soloist: Brenda Boston

June 16, 2019

Lesson: Guest Speaker Rev. Rick Reich

Soloist: Jon Dufour

June 23, 2019

Lesson: Examining Our God Talk

Soloist: Beth Gillogly

June 30, 2019

Lesson: Understanding Consciousness

Soloist: TBD



Three things cannot be long-hidden:  
The sun, the moon, and the truth.

*—paraphrased from The Buddha*

May Total:

\$1,894.00



April Total: \$1,753.00

**To donate:** Bring good quality clean items when the shop is open.

*Reduce ... Recycle ... Reuse*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift

Unity of Auburn  
**1212 High Street  
Thrift & Gift Shop**

Hours Open:

Monday—Thursday 10:00am-4:00pm

Open Fri, & Sat—10:00 am-2:00 pm

Sometimes Open Sunday

**(if we have volunteers)**

*We are in need of volunteers and donations!*

*Sign up at Unity Central*