

*A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.*



Rev. Cherie Larkin

## Monthly Message

### Give Thanks for Your Life and Health

How up-to-date are your ideas about your health? We spend millions of dollars studying ways to promote better living but in spite of our scientific discoveries, we have held on to some very limited concepts. Some believe if you go outside with wet hair or sit in a draft and you'll catch a cold. Others believe that our eyesight, hearing, or memory diminish with age.

Life is one of our most important divine attributes. We need to establish a new premise about our lives. If you start thinking of yourself as getting old, be like the woman who when her doctor said: "That pain in your leg is caused by old age" replied "That's nonsense. My other leg is the same age, and it doesn't hurt at all."

Do not talk about your arthritis, your poor eyesight, your failing health. Vibrant life is not a matter of calendar age. Instead of thinking about life running out, make up your mind to build a solid consciousness of health. Say to yourself: ***I am alive, alert, awake, joyous and enthusiastic about my life. I am the ever-renewing, ever-unfolding expression of infinite life.***

There is a Spirit within you that is the very source of life, renewing you in mind and body. You live in it, move in it, and have your being in it. The power to resurrect is not a

supernatural power. In each cell and atom of the body there is life, substance, and intelligence that knows how to keep you in perfect health.

This month of gratitude, and thanksgiving, give thanks for your body and its health. Your wonderful body can hear you and accepts what you tell it. So, tell it the truth. You are strong, healthy, and vibrantly alive. Then watch as your body responds!

Have a beautiful, healthy, and blessed Thanksgiving holiday,

Rev. Cherie



Phone: 530-888-6489

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#### Special points of interest:

- Thank you!

## Sunday Service, Classes & Misc.

### Sunday Service

Sunday Service In Person is at 10:00 AM and Via YouTube Live Stream at 10:15 AM. Live stream link on our YouTube page <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm>

### Frontiers of Consciousness

" This class is being offered in person and on Zoom November 27, 2023 at 5:00 pm. If you would like to attend, please send an email to Jacob Walker at [Jacob.walker@gmail.com](mailto:Jacob.walker@gmail.com).

### Sisters

**Sisters is meeting every Wednesday from 3-5 pm in Manning Hall. All are welcome!**



**Remember to turn your clocks back one hour on November 5th!**



Misc.



Special Event Volunteers

What Fun!

Wow, Wow, Wow!

A shout out to this month’s volunteers extraordinaire our Special Event Angels! When I look around the sanctuary on Sunday morning, I see so many of you so involved in creating a loving community for our members and for our greater Auburn community. From the Mad Hatter Wonderland Tea, Variety Show, Humor Sunday, and the Teen sleep over and Haunted House construction you are a group of go-getters creating fun for all! Our offering blessing each week affirms, “I give and receive in love.” That’s so true of each of you. You are a blessing and blessed in return. Thank you!

With love, Rev. Cherie, and the Board of Trustees

Board of Directors



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- Rev Cherie Larkin.....Minister
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# Unity of Auburn November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Office Open 3:00 pm Sisters	2	3	4
5 10:00 am Celebration Service Daylight Savings Time Ends	6 Office Open	7 Office Open	8 Office Open 3:00 pm Sisters	9	10	11 Veterans Day
12 10:00 am Celebration Service	13 Office Open	14 Office Open	15 Office Open 3:00 pm Sisters	16	17	18
19 10:00 am Celebration Service	20 Office Open	21 Office Open	22 Office Open 3:00 pm Sisters	23 Thanksgiving Day	24	25
26 10:00 am Celebration Service	27 Office Open 5:00 pm Frontiers of Consciousness	28 Office Open	29 Office Open	30		

## *Our Financial Picture*

### **INCOME AND EXPENSES SEPTEMBER 2023**

<b>Income</b>	
Love Offerings	\$ 7,537.50
Tenant Rent	\$ 692.00
Facility Rent	\$ 320.00
Adult Ed	\$ 106.89
Refreshments	\$ 48.00
Fundraising	\$ -
Misc. Income	\$ -
Thrift Store	\$ 2,448.95
<b>Total Income</b>	<b>\$ 11,153.34</b>
<b>Expenses</b>	
Building	\$ 3,236.89
Tithes	\$ -
Ministry/Mission	\$ 846.88
Mortgage	\$ 2,366.67
Payroll & Payroll Taxes	\$ 7,019.77
SBA Loan	\$ 347.00
Thrift Store Expenses	\$ 210.72
Office Administration	\$ 818.60
Technology & Software	\$ 199.00
<b>Total Expenses</b>	<b>\$ 15,045.53</b>
<b>Net Adjusted Income</b>	<b>\$ (3,892.19)</b>

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

**Your generosity is inspiring!**

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

## Board of Directors



Donal Smith

As long as I can remember, our **Unity faith/our religion/our Church**, has always interpreted scripture, Bible traditions, biblical history, the ‘Sunday-sermon, ‘metaphysically.’ So perhaps a solid, clear definition of Metaphysics is in order, and is reasonable place to start in this brief article:

### Metaphysics

“...the branch of philosophy that deals with the first principles of things, including abstract concepts such as being, knowing, substance, cause, identity, time, and space...The study of reality and existence. It studies what we are and what our purpose likely is.

For many of us who grew up in other Biblical traditions, metaphysical interpretation of scripture is likely very different from what WE may have learned in Sunday school. Interpreting scripture ‘metaphysically’ usually reveals deeper meanings that may have been overlooked by more traditional approaches.

**In our ‘wonderful Unity,’** we interpret the meaning of scripture metaphysically (mostly the New Testament.) In other words, we look beyond the literal details of a particular scripture to understand the deeper, spiritual meaning underlying everything. In this way, every person in a particular scriptural story is an aspect of our own selves in potential. Likewise, each place or thing within the scripture also has a deeper meaning that we can apply in our own lives.

**A** – Choose a Scripture...When doing a metaphysical interpretation of scripture, any good scripture will work. When you begin doing this, suggest you choose a scripture that particularly resonates with you.

Now at first read, you might look at this ‘scripture choice’ and think: “so what! what does this historical writing have to do with me...and my life right now? I don’t really understand how this (scripture) applies to my life.

**B** – Unpacking the Nouns...We begin by listing all the nouns. Remember the stuff that you were taught in the 3<sup>rd</sup> grade? **Nouns = persons, places or things**...In scripture, and then looking up what they mean, or symbolize, metaphysical exploration. Great references include Charles Fillmore’s Metaphysical Bible Dictionary (MBD), which likely can be purchased in the Auburn Unity Church bookstore. The second resource would be the Unity website, TruthUnity.net, which was put together by licensed Unity Teacher Mark Hicks, and features the online version of Fillmore’s MBD.

By the way, if you don’t already have it bookmarked, do yourself a ‘Unity-Student-favor,’ and bookmark TruthUnity.net in your browser. It is the single best resource for unity teachings.

**C** – Metaphysical Bible Interpretation: Having noted all the nouns in the scripture, now just write them down in a list, and begin looking up the meaning of each one.

Yes, it’s all a tad tedious to do this, I suppose. But the rewards are great. You may gain more insight, more complete understanding (as for the first time) of your **‘Metaphysically grounded’ Faith, Unity.** Ultimately, your interpretation of the scripture passage is as meaningful as any other because you are bringing your own experience to the interpretation, and the meaning you derive will have real value for you in your life.

## Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street  
Auburn, CA 95603

Phone: 530-888-6489

Email: [admin@unityofauburn.com](mailto:admin@unityofauburn.com)

Pray with Silent Unity: 816-969-2000

### Service Live on YouTube:

- <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm/streams>

## Lessons and Soloists

### November 2023 Talk Titles

November 5, 2023

Talk: The Spirituality of Universal Oneness ~ The 5 Steps to Peace

Music: Worship Team Singers

November 12, 2023

Talk: TBD

Music: Worship Team Singers

November 19, 2023

Talk: TBD

Music: Worship Team Singers

November 26, 2023

Talk: TBD

Music: Worship Team Singers



*At this time of the year we are reminded of how much we have to be thankful for. My wish for you this Thanksgiving is that you find yourself by those you love.*

— *Kate Summers*



Unity of Auburn

**1212 High Street  
Thrift & Gift Shop**

***Donations:*** Now taking donations.

*Monday, Tuesday, Wednesday, Thursday, Friday & Saturday  
from 10:00a.m.-3:00p.m.*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift